

Canadian Council on Social Determinants of Health

INDIGENOUS CULTURAL COMPETENCY TRAINING OPTIONS

The Canadian Council on Social Determinants of Health (CCSDH) has identified cultural competency training options to assist organizations and individuals from different sectors to better understand Indigenous histories and cultures. These trainings are appropriate for broad audiences and offer accurate and comprehensive information to support cultural competency.

Training options were identified and selected based on criteria developed by CCSDH members.

SELECTION CRITERIA

1. Credible with respect to being developed and/or endorsed by First Nations, Inuit or Métis groups or organization(s)
2. Content fosters a better understanding of Indigenous culture (e.g., First Nations, Inuit, Métis) and history in Canada
3. Addresses a diversity of perspectives within Indigenous traditions, customs and events
4. Avoids stereotyping and/or bias and uses culturally appropriate language
5. Content is appropriate for a broad cross-section of Canadians
6. Accessible and user-friendly
7. Incorporates a social determinants or health equity perspective



INDIGENOUS AWARENESS TRAINING

Type

In-person training can be delivered at the trainee's location of choice, on a cost-recovery basis, or at the Wabano Centre for Aboriginal Health in Ottawa.

Duration

One and a half day session, half-day session for executives and one day Inuit Awareness session are available.

Training Overview

Developed by the First Peoples Group, this training is designed to give participants a better understanding of the historical, legal, social and political circumstances of Indigenous Peoples in Canada. The training provides an overview of the values, customs and beliefs of First Nations, Inuit and Métis peoples and similarities and differences between these groups.

The training is delivered by a First Nations, Inuit and Métis team; each of whom leads the section of the training regarding their respective culture and history. An Elder also participates. Each training session can be tailored to suit the specific needs of an organization.

The training is available in English or French.

Contact

First Peoples Group
291 Dalhousie Street, Suite 202
Ottawa, ON K1N 7E5
(613) 513-5988
guy@firstpeoplesgroup.com





INDIGENOUS CULTURAL COMPETENCE COURSE

Type

In-person course can be delivered anywhere in Canada, on a cost-recovery basis.

Duration

One-day and two-day in-person course for groups and organizations.

Training Overview

The Indigenous Cultural Competence course is a learning experience about cultural competence and opportunities to contribute to reconciliation. Topics include an overview of Indigenous Canada, cultural competence or capacity, history of Canada including residential schools and the potential of intergenerational trauma, resilience of Indigenous communities, role of allies, challenging racism, and opportunities to contribute to reconciliation.

Based in mainstream and Indigenous knowledge of adult education theory and practice, participants learn from the expert facilitators as well as learn from each other through discussion and interaction. The evidenced-based curriculum uses experiential and reflective learning approaches to cultural competence and safety within a strength-based perspective.

The training is available in English.

Contact

Indigenous Reconciliation Group
555 Legget Drive, Tower A Suite 304
Ottawa, ON K2K 2X3
(613) 903-4919
ceo@ReconciliationGroup.ca



SAN'YAS INDIGENOUS CULTURAL SAFETY TRAINING

Type

Facilitated online training.

Duration

5 to 8 hours, depending on prior knowledge and other factors.

Training Overview

San'yas Core Indigenous Cultural Safety (ICS) training is designed to increase knowledge, enhance self-awareness and strengthen the skills of those who work directly and indirectly with Indigenous Peoples. The Core ICS training is available in two versions: one of which focuses on First Nations in British Columbia; and one that focuses on First Nations in Ontario. Both versions have some information on Inuit and Métis peoples.

Skilled facilitators guide and support participants through interactive learning modules. Participants learn about Indigenous diversity; key aspects of colonial history such as Indian residential schools and Indian hospitals; the impacts of Indigenous-specific racism, stereotyping and discrimination; and contexts for understanding health and social inequities. Participants are also introduced to tools to develop more effective communication and relationship-building skills.

In addition to the Core ICS trainings, San'yas offers modules in health, mental health and child welfare.

The training is available in English with limited availability in French.

Contact

San'yas Indigenous Cultural Safety Training Program
Provincial Health Services Authority
601 West Broadway, Suite 201
Vancouver, BC V5Z 4C2
ics@phsa.ca