

NCCIH VIRTUAL SERIES:

First Nations, Inuit and Métis peoples and COVID-19

Session 2: Socio-economic impacts of COVID-19 on the health and well-being of First Nations, Inuit, and Métis populations



National Collaborating Centre
for Indigenous Health  Centre de collaboration nationale
de la santé autochtone

Session 2: January 20, 2021, 10am to 12:30pm PST

program

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PROGRAM

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January 20, 2021
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Session 2: Socio-economic impacts of
COVID-19 on the health and
well-being of First Nations, Inuit,
and Métis populations

Hosted by the
National Collaborating Centre for
Indigenous Health (NCCIH)

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WELCOME

The National Collaborating Centre for Indigenous Health (NCCIH) is pleased to present a four-part virtual series that will look at the experiences of First Nations, Inuit and Métis peoples and communities with COVID-19.

The series will run over four Wednesdays on January 13, 20, 27 and February 3, 2021 from 10 AM – 12:30 PM PST.

January 13, 2021

Indigenous governance and self-determination in planning and responding to COVID-19

January 20, 2021

Socio-economic impacts of COVID-19 on the health and well-being of First Nations, Inuit and Métis populations

January 27, 2021

Data collection on COVID19 cases in First Nations, Inuit and Métis populations and communities

February 3, 2021

Innovative public health messaging on COVID-19 and Indigenous Peoples



EVENT DESCRIPTION

This session, *Socio-economic impacts of COVID-19 on the health and well-being of First Nations, Inuit, and Métis populations*, brings together expert speakers working in a diversity of public health fields across Canada, including:

- Dr. Chris Mushquash, Associate Professor, Lakehead University
- Dr. Theresa Tam, Chief Public Health Officer of Canada
- Rebecca Kudloo, President, Pauktuutit Inuit Women of Canada
- Neil Belanger, Executive Director, BC Aboriginal Network on Disability Society
- Dr. Myrle Ballard, Assistant Professor, University of Manitoba

The presentations will highlight the breadth of impacts that the pandemic has had on the lives of Indigenous Peoples in Canada. For example, they will highlight how First Nations, Inuit and Métis Peoples' experiences with health inequities, mental health, physical safety and mobility have been exacerbated through the pandemic. Panelists will also offer up ideas for community-led solutions and strengths exercised by First Nations, Inuit and Métis peoples and communities throughout COVID-19, as well as policies and services to enhance their health and well-being.



Session 2: Wednesday, January 20, 2021

10:00 AM *Welcome to the Virtual Series*

- Dr. Sarah de Leeuw, Research Associate, NCCIH
- Don Fiddler, NCCIH Advisory Committee

Opening Prayer

- Elder Barb Hulme

10:15 AM *Mental health and well-being of Indigenous peoples: Considerations during COVID-19*

- Dr. Chris Mushquash, Associate Professor, Lakehead University

10:25 AM *From risk to resilience: An equity approach to COVID-19*

- Dr. Theresa Tam, Chief Public Health Officer of Canada

10:40 AM *Question and Answer Session*

- Don Fiddler, NCCIH Advisory Committee

11:00 AM *Cultural Performance*

- Nikki Komaksiutiksak

11:10 AM *Gendered aspects of COVID-19 and domestic violence*

- Rebecca Kudloo, President, Pauktuutit Inuit Women of Canada





AGENDA

Session 2: Wednesday, January 20, 2021

- 11:25 AM** *The interaction of physical and social environments that influence the health and wellbeing of Indigenous Peoples in the context of COVID-19*
 - Neil Belanger, Executive Director, BC Aboriginal Network on Disability Society

- 11:40 AM** *Social and cultural impacts of COVID-19 and public health policies and services for Indigenous populations*
 - Dr. Myrle Ballard, Assistant Professor, University of Manitoba

- 11:55 AM** *Question and Answer Session*
 - Dr. Sarah de Leeuw, Research Associate, NCCIH
 - Don Fiddler, NCCIH Advisory Committee

- 12:10 PM** *Closing Prayer*
 - Elder Barb Hulme





Dr. Sarah de Leeuw Research Associate, National Collaborating Centre for Indigenous Health (NCCIH)

Author of six literary books (creative non-fiction and poetry) and co-editor of five academic texts including *Determinants of Indigenous Peoples' Health: Beyond the Social*, Sarah de Leeuw is an interdisciplinary scholar who's work focuses broadly on colonialism and marginalized peoples and geographies. De Leeuw has been part of the NCCIH team for more than 15 years and in 2017 was appointed to the Royal Society of Canada's College of New Scholars, Artists and Scientists. Author of more than 105 peer-reviewed publications, from book chapters to journal articles and scholarly entries, de Leeuw was nominated in 2017 for a Governor General's Literary Prize in non-fiction. de Leeuw also holds a Western Magazine Gold Award, two



CBC Literary Prizes for creative non-fiction, and the Dorthey Livesay BC Book Prize for poetry. De Leeuw has a PhD in historical-cultural geography and is a Professor and Canada Research Chair (Humanities and Health Inequities) with the Northern Medical Program in Prince George, a distributed site of UBC's Faculty of Medicine. She grew up on Haida Gwaii and now divides her time between Prince George and Okanagan Centre, British Columbia.





Don Fiddler NCCIH Advisory Committee

Don Fiddler is a Métis/Cree from Maidstone, Saskatchewan. After serving in the Canadian Army, he graduated from the University of British Columbia with an Education Degree, supplanted later with a Master of Arts. He was accepted as a doctoral candidate after completion of course work towards a PhD in Leadership Theory at Gonzaga University and has received a Certificate in Advanced Leadership Studies from Gonzaga in 2015.

Don has served as a public school teacher, a school district coordinator/counselor for Aboriginal children, a developer of night school program for school dropouts and a university instructor. He served as the Executive Director of the En'owkin Centre, an Aboriginal Fine Arts College, for 10 years. Don also served as the President of the Association of Aboriginal Post Secondary Institutes, the Chair of the First Nations

Accreditation Board, and the Chair of the Southern Interior Forest Extension and Research Partnership in British Columbia. He has also been the owner and president of a business college in Kelowna, British Columbia. Don has travelled extensively: he lived in Germany during his armed forces tour, worked and lived as a volunteer teacher in Zambia, and consulted on food distribution in Ethiopia. He has also served on many different boards including at : the Ottawa University Acadre, Co-Chair of The National Collaborating Centre for Aboriginal Health, The National Determinants of Heath Centre, The Advisory Committee for Aboriginal Post Secondary Education, The Joint Indian Health Services/Health Canada Summer Institutes. Don has also represented the Métis Nation of Ontario and the Métis National Council on many provincial and federal health committees and served on the writing committee for the Aboriginal Health Blueprint in Ontario. Additionally he served as Senior Policy Analyst for First Nations and Indian Health Branch and the Public Health Agency of Canada.

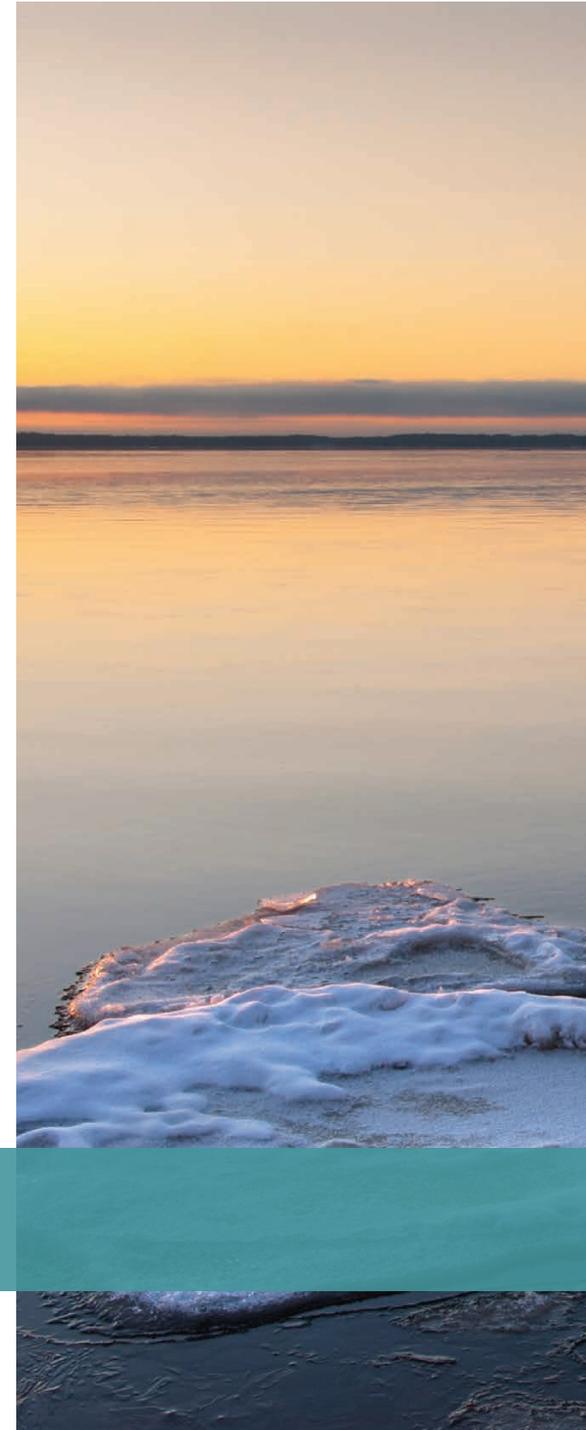
He also served as editor for two Aboriginal literary publications for Theytus Books, an Aboriginal publishing company he was responsible for while Executive Director of the En'owkin Centre. He is committed to health and education as the foundation for the building of the Métis Nation in Canada. He retired as a District Principal of Aboriginal Education for School District 39, Vancouver after five years.



Christopher Mushquash Associate Professor, Lakehead University

Christopher Mushquash, Ph.D., C.Psych., is Ojibway, and a member of Pawgwasheeng (Pays Plat First Nation). He is a registered clinical psychologist (Ontario), Associate Professor in the Department of Psychology at Lakehead University, and the Northern Ontario School of Medicine, Clinical Psychologist at Dilico Anishinabek Family Care, Associate Vice President Research at the Thunder Bay Regional Health Sciences Centre, and Chief Scientist at the Thunder Bay Regional Health Research Institute. He is a Canada Research Chair in Indigenous Mental Health and Addiction, with expertise in rural and northern clinical practice and the development of culturally appropriate interventions for mental health

and addiction difficulties in First Nations children, adolescents, and adults. He is an academic researcher and Indigenous scholar who was born and raised in rural Northwestern Ontario.





Dr. Theresa Tam Chief Public Health Officer of Canada

Dr. Theresa Tam was named Canada's Chief Public Health Officer on June 26, 2017. She is a physician with expertise in immunization, infectious disease, emergency preparedness and global health security.

Dr. Tam obtained her medical degree from the University of Nottingham in the U.K. She completed her paediatric residency at the University of Alberta and her fellowship in paediatric infectious diseases at the University of British Columbia. She is a Fellow of the Royal College of Physicians and Surgeons of Canada and has over 55 peer-reviewed journal publications in public health. She is also a graduate of the Canadian Field Epidemiology Program.



Dr. Tam has held several senior leadership positions at the Public Health Agency of Canada, including as the Deputy Chief Public Health Officer and the Assistant Deputy Minister for Infectious Disease Prevention and Control. During her 20 years in public health, she provided technical expertise and leadership on new initiatives to improve communicable disease surveillance, enhance immunization programs, strengthen health emergency management and laboratory biosafety and biosecurity. She has played a leadership role in Canada's response to public health emergencies including severe acute respiratory syndrome (SARS), pandemic influenza H1N1 and Ebola.

Dr. Tam has served as an international expert on a number of World Health Organization committees and has participated in multiple international missions related to SARS, pandemic influenza and polio eradication.



Rebecca Kudloo President, Pauktuutit Inuit Women of Canada

Rebecca Kudloo is the President of Pauktuutit Inuit Women of Canada. She was born on the land outside Iglulik, Nunavut, and now lives in Baker Lake, Nunavut. Rebecca fluently speaks Inuktitut and English and enjoys working with people of all ages. She was first elected as President in 2014 and previously served on the Pauktuutit Board as the Vice President and Regional Director for the Kivalliq region of Nunavut.

As President, she represents Pauktuutit on the Board of Directors of Inuit Tapiriit Kanatami and Inuit Circumpolar Council Canada. Rebecca is also active on the international stage. She advised at the Preparatory Meeting in Norway before the United Nations Declaration on the Rights

of Indigenous Peoples (UNDRIP) was adopted, travelled to Greenland to discuss education, and is often invited to the United Nations in New York to discuss Canada's relationship with Inuit women.

Outside of her work with Pauktuutit, Rebecca has dedicated her life to education and community-based counselling for over 30 years. This included her work in the Department of Education of the Nunavut Government, from which she is now retired. Rebecca is also the co-founder and current Chair of Mianiqsijit, a community-based child sexual abuse and family violence counselling service in Baker Lake. She also has served on many boards and councils, including the National Crime Prevention Council; the Sexual Abuse Coalition of the NWT the NWT Status of Women Council, where she held the position of Vice President; and the Qullit Nunavut Status of Women Council, where she served as the first Interim President.

When not representing Pauktuutit on the national stage, Rebecca is often spending time with her family and preparing country food.



Neil Belanger Executive Director, BCANDS

Neil Belanger is the Executive Director of the British Columbia Aboriginal Network on Disability Society (BCANDS). Neil has over 30 years of experience working within in Canada's Indigenous and non-Indigenous disability and health sectors. BCANDS has been the recipient of numerous provincial, national and international awards, the most recent being the Zero Project International Award presented to the Society in Vienna, Austria in February 2019. Neil also serves in a variety of disability related advisory roles, some of which include: Federal Minister's Disability Advisory Group; Canada Post's Accessibility Advisory Committee; Provincial Minister's Advisory Forum on Poverty Reduction, Minister's Council on Employment and Accessibility, Minister's Registered Disability Savings Plan Action Group, Minister's Provincial Accessibility Committee and is the Chairperson of Community Living BC Indigenous Advisory Committee.



Dr. Myrle Ballard Assistant Professor, University of Manitoba

Dr. Myrle Ballard is Anishinaabe (Ojibway) and fluent Anishinaabe language speaker from Lake St. Martin First Nation. She is an Assistant Professor / Indigenous Scholar in the Department of Chemistry, Faculty of Science, at the University of Manitoba. Dr. Ballard received her Ph.D. in Natural Resources and Environmental Management where her focus was on Anishinaabe Knowledge Systems regarding gender and language. She received her M.Sc. and B.A. from the University of Manitoba, and B.Sc. from the University of Winnipeg. She is currently co-Lead on a CIHR funded research on COVID-19 on Indigenous-Led Countermeasures to Coronavirus and other Pandemics Then, Now, and Into the Future. Her other research focuses on developing frameworks regarding Indigenous and Western Science based on Anishinaabe



mowin and developing baseline monitors. Her research has focused on how policy and legislation impacts Traditional lands, livelihoods, and knowledge systems. She is a videographer and has documented changes to First Nations' traditional livelihoods due to flooding. She has been invited to participate in expert working groups with different United Nations committees relating to Gender, Climate Change, Traditional Knowledge, Biological Diversity, Ecosystem Services, and Forestry. She is actively involved in COSEWIC (Committee on the Status of Endangered Wildlife in Canada) where she is a member of three subcommittees: Aboriginal Traditional Knowledge, Birds, and Freshwater fish.

THANK YOU

Elder Barb Hulme

Thank you for accepting our invitation to open and close our virtual series in such a kind and generous way.

Nikki Komaksiutiksak

Thank you for sharing your cultural performance with us today.

